



# NUOFA 3

## BRIDGING COURSE SYNOPSIS

(OPS MANUAL – 2.F.2.2)

STANDARD OF CARE	
Total Course Training	50 hours (5 days; approx. 10 hrs. per day / student dependent)
In-Class Training	40% (approx. / student dependent)
Field Training	60% (approx. / student dependent)
Student-to-Instructor Ratio	Goal – 8:1
Scope of Training	Non-urban, EMS & Occupational based
PRE-REQUISITES	
Previous Qualifications	<p>Must have previous (not to have expired greater than 2 years) or current 80-90 hour first aid certification such as:</p> <ul style="list-style-type: none"> <li>- Non-Urban Emergency Care 3</li> <li>- Non-Urban Occupational First Aid 3</li> <li>- Emergency Medical Responder (EMALB licensed or unlicensed)</li> <li>- Primary Care Paramedic (EMALB licensed or unlicensed)</li> <li>- Occupational First Aid Level-3</li> <li>- Outdoor Emergency Care</li> <li>- Canadian Ski Patrol</li> <li>- Advanced Wilderness First Aid (90 hour) Slipstream, NOLS, Sirius, Wilderness Medical Associates</li> <li>- Wilderness First Responder (80 hour) Canada West Mountain School</li> </ul>
Age	Minimum 19 years (contact PEAK's Registrar and Administrative Manager if younger)
Physical & Mental Fitness	Candidates are required to sign a self-declaration of physical and mental fitness
Pre-Reading	20-40 hours – OEC 5 <sup>th</sup> edition textbook (approx. / student dependent)
Language	Must speak and write English fluently
REQUIREMENTS FOR NUOFA 3 CERTIFICATION	
Attendance	Minimum 95% attendance is required
Progressive Evaluation	Yes
Final Written Evaluation	100 multiple choice (minimum 80% grade must be achieved)
Final Practical Evaluation	Scenarios and skill stations (minimum 80% grade must be achieved)
REQUIREMENTS FOR NUOFA 3 CERTIFICATION MAINTENANCE	
Annual Requirements / Recertification	<p><b><u>MUST</u></b> attend an <i>Annual Skills Update Course</i> (ASU) annually; 1-2 days (site-specific)            NOTE: ASU Cycle 'D' includes a practical and written evaluation process</p>
Re-certification – OFA 3	<b><u>MUST</u></b> attend an NUOFA 3 Review & Evaluation Course every 3 years
CERTIFICATION ACCREDITATION / EQUIVALENCY	
'Advanced First Aid Training Level' – Canada	
CERTIFICATIONS OBTAINED UPON SUCCESSFUL COMPLETION	
<ul style="list-style-type: none"> <li>+ Non-Urban Occupational First Aid 3 (NUOFA 3)</li> <li>+ Occupational First Aid Level-3 (OFA L-3)</li> <li>+ Non-Urban Cardiac Arrest Management (NUCAM)</li> <li>+ CPR Level 'C' for Healthcare Providers (CPR – HCP)</li> </ul>	



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