

# FIRST AID CERTIFICATION FLOWCHART

IS YOUR FIRST AID CERTIFICATION REQUIRED FOR OCCUPATIONAL HEALTH & SAFETY COMPLIANCE?

NO

YES

## NON-URBAN EMERGENCY CARE (NUEC)

## NON-URBAN OCCUPATIONAL FIRST AID (NUOFA)



### NUEC 1

**Training Standard:**  
20 hours  
**Duration:**  
2 days  
**Prerequisites:**  
19 years old, 10 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUEC 1, CPR Level C  
**Certification Maintenance:**  
Attend an NUEC 1 Course every 3 years  
**Cost:**  
\$125 (tax exempt)



### NUOFA 1

**Training Standard:**  
20 hours  
**Duration:**  
2 days  
**Prerequisites:**  
19 years old, 10 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUOFA 1, OFA 1, CPR Level C  
**Certification Maintenance:**  
Attend an NUOFA 1 Course every 3 years  
**Cost:**  
\$175 (tax exempt)



### NUEC 2

**Training Standard:**  
50 hours  
**Duration:**  
5 days  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUEC 2, CPR Level C  
**Certification Maintenance:**  
Attend an NUEC 2 Course every 3 years or attend NUEC 2 ASU **yearly**  
**Cost:**  
\$395 (tax exempt)



### NUOFA 2

**Training Standard:**  
75 hours  
**Duration:**  
Variable  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUOFA 2, CPR Level C  
**Cost:**  
NUOFA 2 is inclusive of the NUOFA 3 Full Course



### NUEC 3 – Full Course

**Training Standard:**  
100 hours  
**Duration:**  
10 days  
**Accreditation:**  
Advanced First Aid Training Level  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUEC 3, NUCAM, CPR for Professional Rescuers (HCP)  
**Certification Maintenance:**  
Attend an ASU yearly  
**Cost:**  
\$795 (tax exempt), OEC textbook not included



### NUOFA 3 – Full Course

**Training Standard:**  
100 hours  
**Duration:**  
10 days  
**Accreditation:**  
Advanced First Aid Training Level  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit  
**Certification(s) Achieved:**  
NUOFA 2, NUOFA 3, OFA 3, NUCAM, CPR for Professional Rescuers (HCP)  
**Certification Maintenance:**  
Attend an ASU **yearly** & in addition an NUOFA 3 R & E every 3 years  
**Cost:**  
\$895 (tax exempt), OEC textbook not included



### NUEC 3 – Bridging Course

**Training Standard:**  
100 hours  
**Duration:**  
5 days  
**Accreditation:**  
Advanced First Aid Training Level  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit, current certification in one of the following (min. 70 hour training standard): NUEC 3, NUOFA 3, NUOFA 2, OFA-L3, EMR, PCP or higher certification, CSP, AWFA, OEC  
**Certification(s) Achieved:**  
NUEC 3, NUCAM, CPR for Professional Rescuers (HCP)  
**Certification Maintenance:**  
Attend an ASU yearly  
**Cost:**  
\$595 (tax exempt), OEC textbook not included



### NUOFA 3 – Bridging Course

**Training Standard:**  
100 hours  
**Duration:**  
5 days  
**Accreditation:**  
Advanced First Aid Training Level  
**Prerequisites:**  
19 years old, 30 hour pre-read, physically & mentally fit, current certification in one of the following (min. 70 hour training standard): NUEC 3, NUOFA 3, NUOFA 2, OFA-L3, EMR, PCP or higher certification, CSP, AWFA, OEC  
**Certification(s) Achieved:**  
NUOFA 3, NUCAM, OFA-L3, CPR for Professional Rescuers (HCP)  
**Certification Maintenance:**  
Attend an ASU **yearly** & in addition an NUOFA 3 R & E every 3 years  
**Cost:**  
\$595 (tax exempt), OEC textbook not included



### NUOFA 3 – Review & Evaluation

**Duration:**  
2 days / 20 hours  
**Accreditation:**  
Advanced First Aid Training Level  
**Prerequisites:**  
Current NUEC 3 &/or NUOFA 3 certification, CPR certification within 6 months of course start date  
**Certification(s) Achieved:**  
NUOFA 3, NUCAM, OFA-L3, CPR for Professional Rescuers (HCP)  
**Certification Maintenance:**  
Attend an ASU **yearly** & in addition an NUOFA 3 R & E every 3 years  
**Cost:**  
\$235 (tax exempt)

KEY	
ASU	Annual Skills Update Course
AWFA	Advanced Wilderness First Aid
CSP	Canadian Ski Patrol
EMR	Emergency Medical Responder
HCP	Healthcare Provider
NUCAM	Non-Urban Cardiac Arrest Management
NUEC	Non-Urban Emergency Care
NUOFA	Non-Urban Occupational First Aid
OEC	Outdoor Emergency Care
OFA	Occupational First Aid courses (WorkSafe BC)
R & E	Review & Evaluation